

An Introduction to Belly Dance

With

Suzanna Del Vecchio



The ancient art of belly dancing has been around for thousands of years. It was introduced in the U.S. at the World Expo at the end of the 19th century, and has captured the imagination of the American public ever since. The hypnotic & rhythmic dance isolations and combination steps are challenging and fun, encouraging grace, co-ordination and self-reflection. Suzanna Del Vecchio has been practicing the art of belly dancing for over 25 years. She travels extensively throughout the U.S. and abroad teaching and performing. Suzanna was awarded "Dancer of the Year" by the International Academy of Middle Eastern Dance in L.A. in 2001. Suzanna has instructional and performance DVD's on the international market. She also holds an annual dancers' retreat in the Colorado Rocky Mountains, where students from throughout the world come to study with her. Suzanna breaks down the movements in a methodical and easy to understand manner with close attention to body alignment.

Explore your femininity while having a fun workout.

For more information on Suzanna or to order videos, visit her web site at: **www.suzannadelvecchio.com**

When: Thursdays – 5:55 PM until 6:55 PM - a session of 8 weeks, beginning August 5th, 2010.

Where: 6th Avenue United Church of Christ, 3250 East 6th Ave at Adams St. in central Denver, 80206 Gym/Studio. Congress Park area near Cherry Cheek.

Cost: \$80 for the 8 week session PAID IN ADVANCE by August 1st. - \$90 AT DOOR must call ahead if you plan to pay at the door to see if space is still available.

Or \$85 if you pay with your PayPal account. Send \$85 to: dancersuz@h2net.net specify for services for Introduction to Belly Dance Class. Send registration information via email if you use PayPal.

(Ongoing classes available for those interested in further study.)

Suzanna will occasionally have a qualified substitute instructor if she is traveling to teach.

NO REFUNDS UNLESS CLASS IS CANCELLED

Please wear comfortable form fitting exercise clothing. Bare feet suggested.

PRE- REGISTRATION IS NECESSARY or call if you will pay at door.

To Register: Please fill out form below (please print) and send a check or money order for \$80 to:
Suzanna Del Vecchio at: 1108 St. Paul St. Denver, CO 80206

(303) 399-2622

dancersuz@h2net.net

suzanna@suzannadelvecchio.com

Name: _____

Address: _____

City: _____ **State** _____ **Zip** _____

Phone: Home _____ Alt # _____

9/2010